It is amazing to me that with all this technology, cable companies seem to only give consumers TWO choices - Basic or extended basic. The cost is vastly different. For me, I can only afford basic which is about \$13.00 where the extended basic is about \$30.00 or so. Under Cox Cable's basic lineup, there are AT LEAST 4 shopping channels, 3-4 public access channels (two of them sometimes show the same program at the same time), and two public TV stations. They seem to want to push people to get digital cable but why should I get that when I don't spend my life watching TV? I have a young child and would love to be able to watch Nickolodeon, Disney, HGTV (great how-to programs), and Discovery but what I am left with is channels with so much violence in them, the only channels we seem to watch are Public TV and I buy videos of programs on the stations I don't have access to so she can receive the same educational benefits as other kids whos parents can afford all those cable stations. I wouldn't mind paying a few extra dollars so I could have my daughter watch programs that are G rated. I think it's all about money (as it always is) and these companies don't care about the consumers only to get their money.